

10 Reasons to focus on your ceremony

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1. No matter what type of ceremony it is, your ceremony is a public statement of your intention. That statement should be as close to perfect as possible, particularly so where the ceremony is a commitment or reaffirmation ceremony.
2. Ceremony and ritual are a central part of life. Through ceremony we communicate behaviours and values, establish, confirm and reinforce relationships, and recognise changes in status.
3. Ceremonies are rites-of-passage and rituals which are designed to move us gracefully through that passage and deepen our sense of being related.
4. Ceremonies help us to focus on the purpose of important events, and aid communication about that importance. They help us tell each other how we feel and how to celebrate or grieve together.
5. Ceremonies make events more meaningful and more memorable, thus your ceremony should be both aesthetically pleasing and emotional powerful.
6. If celebrated meaningfully and appropriately the psychological, social and cultural effects of your ceremony go deep into the sub-conscious and enrich you in a lasting way.
7. Focussing on the ceremony helps keep everything in perspective, and ensures that you don't let your heart get lost in all the trimmings. For many types of ceremonies it is traditional to have a post ceremony party which is a celebration of the milestone marked by your ceremony, not the reason for it.
8. A great ceremony that reflects the personalities of the participants and their values is a deeply moving event. Different types of ceremonies offer a range of opportunities for inclusion of symbols and symbolic acts as an expression of who you are, as well as opportunities to make reference to your cultural heritage and family traditions. Only you can provide your celebrant with this sort of "insider information".
9. Keeping your focus on your ceremony is an acknowledgement that you, your family, and/or your new venture are unique.
10. The guests at any ceremony are not just an audience, they are an integral part of the ceremony and it takes focus and planning to ensure your ceremony acknowledges their importance.



*Jennifer Cram is a secular humanist celebrant in Queensland Australia
Serving all of Brisbane, Redlands, Redcliffe, Pine Rivers, Logan & Ipswich
Ceremonies performed in private homes, parks, gardens, hotels, clubs,
restaurants, chapels, function centres, reception centres, wedding venues.
Day or evening ceremonies 365 days a year*

*Her Celebrant Services include:
Weddings, Commitment Ceremonies for gay, lesbian, and straight couples,
including Contemporary, Traditional, Spiritual, Inter-cultural, Scottish, Celtic,
Chinese, Buddhist, Mediaeval; anHandfasting; Renewal of Vows; Naming
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